

You may also use the service to prevent a situation from becoming a problem. You may want to:

- Gather information about mental health or relationship matters
- Get a mental health “tune-up”
- Obtain information out of concern for another person

What are the hours of service?

Appointments can be scheduled with Dr. Wagner or his colleague.

Mondays, 10 am– 1 pm

Tuesdays, 8:30-10 am; 12-1 pm

Thursdays, 8:30-10 am; 12-3 pm

How do I schedule an appointment?

Call New Directions Counseling Center at (419) 529-9941 or (888) 805-1561.

What do I do if I recognize a friend is in crisis?

Please feel free to consult with Dr. Wagner. If you are concerned about your friend’s immediate well-being or the safety of others, contact Donna L. Hight, Ph.D., Chief Student Affairs Officer immediately at (419) 755-4034.

The Ohio State University Mansfield

The resources, courses, and faculty of one of America’s great research universities, offered in a small college setting where students find personal attention in a peaceful environment.

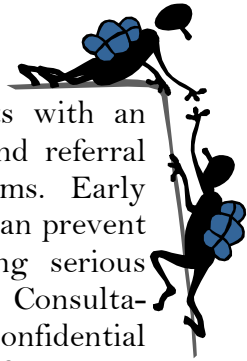


Psychological Consultation Services



The Ohio State
University – Mansfield

What is the OSU-Mansfield Psychological Consultation Service?



This service provides students with an evaluation, brief counseling, and referral services for a variety of problems. Early detection and assistance often can prevent small problems from becoming serious problems. The Psychological Consultation Service offers personal confidential assistance for a wide range of concerns including:

- Stress, depression, and other emotional health issues
- Relationship concerns (romantic, roommate, family and friends)
- Alcohol or drug use or misuse
- Food and body image concerns
- Parenting challenges
- Sexual identity
- College adjustment issues
- Personal trauma
- Academic performance concerns, test anxiety
- Unplanned pregnancy
- Balancing college, work, and home
- Other matters that are having a stressful impact on your life

How does the Psychological Consultation Service work?

To schedule an appointment, students should call New Directions at (419) 529-9941 or (888) 805-1561.

What are the qualifications of the psychologist?

Service is provided by clinical psychologist, Blake Wagner, Ph.D. and his colleagues. Dr. Wagner is a native of Mansfield and attended OSU-Mansfield from 1978-1980. He has provided psychological services to adults and their families for 15 years.

How much does the service cost?

There is no cost to students for this service. It is provided by OSU-Mansfield to help students stay on track and achieve success.

Is the service really confidential?

All contact with Dr. Wagner or his colleagues is personal and private. Information cannot be shared with anyone without voluntary written release. Exceptions to confidentiality, as required by law, occur when a person is a danger to themselves or others or cases involving child or elder abuse.

How does someone know if he or she needs to use the service?

You may want to talk with someone if you:

- Spend most of the day worrying about a particular problem
- Spend a lot of energy denying a problem
- Your education, health, or family life is affected by a specific problem
- Find yourself relying on drugs or alcohol to get through the day
- Realize you have a problem, but do not know where to go for help
- Feel sad, anxious or unhappy most of the time
- Feel some aspects of your life are unmanageable
- Have experienced changes in your sleep or appetite

Your school performance provides other clues about seeking assistance. You may consider asking for help if you:

- Have trouble concentrating
- Miss deadlines
- Experienced a decline in academic performance
- Often miss classes